

## Borough may have solution to traffic tie-ups at Côte St. Luc Rd./Decarie intersection



**NDG:** The borough wants a two-lane, south-bound turn from CSL Rd. onto Decarie to ease traffic. See story p. 7.

Photo: Isaac Olson

## Residents ask council to re-open Langhorne Park gazebo



**HAMPSTEAD:** Dufferin Rd. residents ask council to re-open access to the gazebo in Langhorne Park. See story p. 22.

Photo: Andrew Belding

## Visually impaired therapists offer a different massage experience



**CÔTE ST. LUC:** Kim Holdbrook opens a unique massage clinic using visually impaired therapists. See story p. 17.

Photo: Isaac Olson

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# FREE PRESS

**NDG  
Hampstead  
Côte St. Luc**

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## Will Layton school move to MAB-Mackay's Decarie site?

BY ISAAC OLSON

Officials with the MAB-Mackay Rehabilitation Centre looking to consolidate all of its rehabilitation services to its main building located at 7000 Sherbrooke St. want an English Montreal School Board [EMSB] school to move out.

The MAB-Mackay Rehabilitation Centre owns two facilities and rents space to the EMSB for its two specialized schools, the Philip E. Layton School, located at the Sherbrooke St. site, and the Mackay Centre School, located at 3500

Decarie. Moving the MAB's child rehabilitation services from Decarie to Sherbrooke means relocating Philip Layton to Decarie, explained MAB-Mackay board president Valerie Shannon.

"We are a physical rehabilitation centre in the healthcare network that has two schools on it that attend to the education of children with disabilities and we rent the EMSB space on these properties while providing rehabilitation services for

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Roger Haughey p. 14  
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# JPL celebrates 100 years

BY ISAAC OLSON

The Jewish Public Library (JPL), located at 5151 Côte St. Catherine Rd., is celebrating 100 years of multilingual library services that are available for everybody — not just the Jewish population.

“For any not-for-profit to survive, much less thrive, for 100 years is a statement of the value of the institution,” said executive director Michael Crelinsten.

“I suppose, in some respects, the most unique thing about the JPL is that it is a grassroots organization. This is an institution created by immigrants who came here to start a new life while facing all the challenges that one faces when immigrating to a new country.”

The library was founded as a Yiddish institution since Jewish people immigrating to Canada at the time spoke Yiddish as a mother tongue. Having a library was a priority for that community and in the last 100 years, it grew, changed locations five times and, he said, now offers services in English, French, Hebrew and Russian.

“As the community has grown and diversified, so has the library,” said Crelinsten. “Now we are working with the borough to make this into a neighbourhood library that is open to the entire cross section of this borough.”

While the Côte des neiges-NDG borough council has discussed cutting its long-time funding to the JPL, Crelinsten said he has been negotiating with officials for a sustained partnership.

“We are talking with the borough and we are hoping that, in the final analysis, the proposed cut won’t actually materialize,” he said, noting he is aware that the borough is under financial pressure. “We



Jewish Public Library executive director Michael Crelinsten.  
Photo: Isaac Olson

are all looking at each and every dollar very carefully. That being said, there is a tendency on the part of leadership, in the face of fiscal challenges, to exact cuts in the cultural sector, be it libraries, museums and community centres, because there is a feeling that is where the impact will be felt the least.”

Part of that, he said, is because public officials aren’t willing to cut back on front-line services like healthcare, but eroding the spending on cultural services, he said, erodes the community’s identity.

“The JPL is a library for this area and not just for the Jewish community,” he said. “We are providing an absolute service to this community.”

To celebrate 100 years, there will be archival exhibits this summer as well as a full-day symposium on the JPL’s history in October. For more information, visit: [Jewishpubliclibrary.org](http://Jewishpubliclibrary.org)

# Holdbrook opens massage studio with blind therapists

BY ISAAC OLSON

Kim Holdbrook, a massage therapist from NDG, recently opened a unique studio in Côte St. Luc where all the massage therapists are, like Holdbrook, visually impaired — a disability, she explained, that is actually an asset when it comes to providing massage therapy.

“Really, my hands are my eyes,” said Holdbrook, 45, who lost her vision at age 31 due to optic neuritis and learned, over time, to rely on her other senses to get through life. “I see with my hands.”

While giving the *Free Press* a guided tour of her new studio, Hands That See,

located on Westminster Ave., it wasn’t evident that Holdbrook is blind. She easily navigated the hall and three therapy rooms while explaining services that range from Swedish massage to reiki — a technique that works to pass invisible energy from practitioner to client. Holdbrook got her start practising reiki while working as a waitress at O. Noir — a downtown restaurant where diners eat in a pitch black dining room and are waited on by visually impaired servers — and studying massage.

At first, she said, she found Montreal massage schools and studios resistant to training or even hiring a certified, visual-

## Six in the city fundraiser



On April 24, from noon to 10:00 pm, the Mount Sinai Hospital Foundation, in partnership with Rockland Centre in Town of Mount Royal, held its fourth annual “Six in the City” event. This fashion-filled fundraiser provided participants with an exclusive discount shopping opportunity while raising money for the Côte St. Luc-based hospital. Tickets were \$50 for those under 35 years of age and \$75 for the over-36 crowd. In the photo, the event’s co-chairs are, from left: Sharon Smith, Leslie Cons and Jessica Choeke.  
Photo: Isaac Olson

## CSL resident saves life in Montreal West

Matthew Lassman, a student at Royal West Academy and a Côte St. Luc resident, is being publicly acknowledged by his school for saving a choking man’s life on February 26 at the Pâtisserie de la Gare, located on Westminster Ave. in Montreal West.

Lassman and a friend were in the pastry shop for lunch when a man began choking, according to an English Montreal School Board (EMSB) press

release. Lassman, with no formal first aid or CPR training, asked the man if he was choking and, when the man failed to respond, Lassman administered abdominal thrusts to dislodge the food.

According to the release, Sheena McLaughlin, an employee at the Pâtisserie, said, “He [Lassman] just stood up and did it without thinking ... I really didn’t know what was going on until I saw the piece of food come flying out.”



Kim Holdbrook in her Hands That See massage studio.  
Photo: Isaac Olson

ly impaired massage therapist. Whereas, she said, being blind is a requirement if one wants to provide massage therapy in South Korea.

As her studio grows, she said she hopes to train visually impaired students in massage. This really is something blind people can do for work — something she has done as a single mother to support her daughter. She was able to get off welfare, not rely on her disability pension and, eventually, open her own business with a little help from a provincial program dedicated to assisting entrepre-

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*Massage therapists continued from p. 17*

neurs with disabilities, she said, all thanks to massage.

Her clients, she said, report to her that it is a much different experience to receive a massage from a visually impaired practitioner than a sighted one.

“I am feeling people differently than someone who is sighted,” she said. “I might really go and feel the details of the muscle or touch the whole arm to feel something where as sighted person might just see and touch the exact spot. I think that does make our massages special.”

## Bike patrollers on duty

Station 9 has restarted its bike patrol program with officers Elyanne Caouette and Josée Bergeron on duty.

Bergeron and Caouette will be circulating the streets and parks of the three Station 9 jurisdictions this summer in an effort to ensure the population is secure at all levels of transportation, be it foot, bicycle or car.

Along with various prevention-focused activities in the community, the officers will also be promoting cycle safety to youth in parks and day camps.

Ville de  City of  
Côte Saint-Luc

[www.cotesaintluc.org](http://www.cotesaintluc.org)

### AVIS PUBLIC RÈGLEMENT NO 2431

**Objet : Entrée en vigueur du règlement d'emprunt 2431**

AVIS PUBLIC est par les présentes donné par le soussigné, Me. Jonathan Shecter, greffier, que le Conseil de la Ville de Côte Saint-Luc a adopté, lors de sa séance ordinaire tenue le 10 mars 2014 le règlement d'emprunt numéro 2431 intitulé:

«Règlement 2431 autorisant un emprunt de 180 000 \$ pour les aménagements paysagers de lots vacants municipaux divers et les développer aux espaces verts»

N'ayant pas reçu de demande valide d'approbation référendaire par les personnes habiles à voter lors de la tenue du registre le 26 mars 2014, le règlement est donc réputé approuvé par les personnes habiles à voter.

Le règlement 2431 a été approuvé par le Ministère des Affaires municipales et des Régions et occupation du territoire, le 6 mai 2014.

L'objet du règlement vise à autoriser un emprunt de 180 000 \$ pour les aménagements paysagers de lots vacants municipaux divers et les développer aux espaces verts.

Le règlement 2431 peut être consulté aux archives municipales, situées au 5801, boulevard Cavendish, durant les heures de bureau, soit du lundi au vendredi de 8h30 à 16h30.

Ledit règlement entre en vigueur conformément à la loi.

Donné à la Ville de Côte Saint-Luc, ce 13 mai 2014

Maître Jonathan Shecter LL.B.  
greffier

Pour plus d'information, veuillez communiquer avec moi au 485-6800 ou à [jshecter@cotesaintluc.org](mailto:jshecter@cotesaintluc.org)

### PUBLIC NOTICE BY- LAW NO. 2431

**Object: Coming into force of loan by-law 2431**

PUBLIC NOTICE is hereby given by the Under-signed, M<sup>re</sup> Jonathan Shecter, City Clerk, that the Côte Saint-Luc City Council adopted, at its Regular Meeting held on March 10, 2014, loan by-law number 2431 entitled:

«By-law 2431 Authorizing a Loan of \$180,000 for the landscaping of various municipal vacant lots to develop them into green spaces»

No valid request for approval by way of referendum having been received from the qualified voters during the Register held on March 26, 2014 said by-law is therefore deemed approved by the aforementioned qualified voters.

By-law 2431 was approved by the Minister of Municipal Affairs, Regions and Land Occupancy on May 6, 2014.

The object of the by-law is to authorize a loan of \$180,000 for the landscaping of various municipal vacant lots to develop them into green spaces.

By-law 2431 may be examined at the City Archives, located at 5801 Cavendish Boulevard, during regular working hours, said hours between 8:30 a.m. and 4:30 p.m. Monday through Friday.

Said by-law comes into force according to law.

Given at the City of Côte Saint-Luc, on this 13<sup>th</sup> day of May, 2014

Maître Jonathan Shecter LL.B.  
City Clerk

For further information, please contact me at 485-6800 or at [jshecter@cotesaintluc.org](mailto:jshecter@cotesaintluc.org)

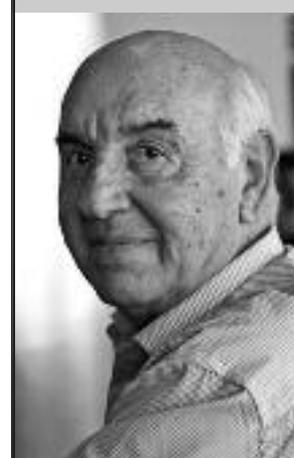
## V-E Day honours



Former provincial legislator Lawrence Bergman lays a wreath during the annual Victory in Europe (V-E) Day commemoration that took place on April 27 at 11 am in Côte St. Luc's Veterans Park. According to a city press release, "V-E Day was May 8, 1945, the date when the Second World War allies formally accepted the unconditional surrender of the armed forces of Nazi Germany. The cenotaph at Veterans Park honours the memory of those who gave their lives in the First World War, the Second World War and the Korean War."

Photo: Isaac Olson

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